

Focusing on relationships

Security

What helps you to feel safe?

Belonging

What helps you to feel part of things?

Continuity

What helps you to experience links and connections?

Purpose

What helps you to have goals to aspire to?

Achievement

What helps you to feel you are making progress towards these goals?

Significance

What helps you to feel that you matter as a person?

My home life®

Developing best practice together

Personalisation

Navigation

Maintaining identity

How can we better understand who you are as a person?

Sharing decision making

How can we involve you more?

Facilitating transitions

How can we help you to adjust?

Improving health & healthcare

How can we enhance your health and well-being?

Creating community

How can we connect with you more?

Supporting good end-of-life

How can we support you till the end?

Transformation

Developing the workforce

How can we encourage you to learn and develop?

Promoting a positive culture

How can we enable you to support change?



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Having caring conversations

Be Courageous

What would happen if we gave this a go?

Connect Emotionally

How did this make you feel?

Be Curious

Help me to understand what is happening?

Collaborate

How can we work together to make this happen?

Consider Other Perspectives

What do others think?

Compromise

What is real and possible?

Celebrate

What worked well?



Being appreciative

Being appreciative is a positive and motivating approach to developing practice and enhancing participation. It underpins the My Home Life Programme.

It pays attention to the best in us, not the worst; to our strengths, not our weaknesses; to possibility thinking, not problem thinking.

Discover

What is working well?

When do you feel most proud?

Envision

How would you like things to be?

What do you value?

Co-create

How can we work together to make it happen?

What strengths do people have that would help us?

Embed

What can we do together to make it happen more of the time?

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