

Human Right to Participation in Cultural Life



A Slice* about Centrestage Music & Afternoon Tea

* Over 20 different strands of work took place between March and October 2022 as part of Rights Made Real Phase 2. Each of these strands was situated under one of 4 Human Rights. This Slice offers a slice of insight into one of those strands.

HUMAN RIGHT TO PERSONAL EXPRESSION

A Slice about Centrestage Music & Afternoon Tea

CentreStage - Ayrshire's Arts Academy, operates with an ethos that anyone, regardless of age, background or experience can gain life changing social benefits through active participation in the arts. Since 2015 Centrestage have been running 'Gie it Laldy!' musical themed memory activities. Care homes from Ayrshire and Renfrewshire have been warmly welcomed to participate in Gie it Laldy events.

As part of Rights Made Real, Centrestage hosted two vintage rose themed afternoon teas with musical entertainment. It was an opportunity for people familiar to Centrestage to return, and was also the impetus for new residents/care homes to come along and be part of the Centrestage community. 10 care homes, and over 60 people participated in the events. Care homes were invited to be involved in song selection, through conversations with Centrestage staff. The party atmosphere led to people up dancing, and meeting with faces familiar and new.



Creating Connections with the Right to Cultural Life and Principles from the National Care Standards

Some key elements of this opportunity which link the right to participation in cultural life and 'well-being' and 'be included' were:

- Opportunity to be part of local community, and meet people from other care homes as well as volunteers and staff in Centrestage
- Creating the event together through choosing songs
- Making the event extra special through attention to décor, and display of food and refreshments in afternoon tea style

What we've Heard

Fun, lovely
and
welcoming

Lovely to be treated to
such lovely food, music
and company

Would love
to come
back again

Best thing I've been
to in years

Something you Might want to Ask or Think more About

Ask yourself: What ideas presented in the stories about might I like to find out more about or try out?

