



All About Me

Some of the things that matter to me

I feel valued at work when:

I like to work in an environment where:

If I feel a bit low the things that help me are:

I feel most energised at work when:

Things I enjoyed about other places I have worked:

It might surprise people to know how much energy or focus it takes for me to:

An everyday task at work that I find somewhat difficult is:

Something I am proud of in work is:

Something I would like to get better at is:

If somebody was speaking about me appreciatively, they might be saying: