



# Appreciative Feedback

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My home life<sup>®</sup>  
Charity



Real Help me to relate things to practice Fun  
Thorough **Reflective** Authentic **Insightful**  
Motivated **Patient**  
Do things without having to be asked  
Great Thinker Available **Motivating**

**I REALLY VALUE THE FACT  
THAT YOU ARE...**

**Insightful** Trusting Self-aware Open to ideas  
Helpful Sensitive **Realistic** **Kind**  
Courageous See good in others Always upbeat Creative **Positive**  
**Flexible** **Honest** Thoughtful  
**Trusting** Don't panic **Encouraging**  
**Confident** Polite Honest See good in others  
Would go out of your way for someone else **Appreciative**

**IT WOULD BE HELPFUL IF  
YOU COULD BE MORE...**

**Quick** **Inspirational** Practical Curious Calm  
**Creative** Challenging **Listener**  
Questioning **Passionate** Considerate of others

# Appreciative Feedback

## Feedback for.....

I would be grateful if you could consider the following questions and make comments. (If there are questions you do not feel you can answer then leave blank). Do try to be as honest as you can to help me to learn and develop my practice. If it is more helpful to discuss this with me rather than sending the form – please let me know. Try to think about specific examples in your feedback. Thank you in anticipation.

Area of Practice	Feedback
What feedback would you like to tell me about the way that I communicate with you?	
What feedback would you like to tell me about the way I communicate with others?	
What aspects about how I am at work do you think people value?	
What feedback can you give me about my ability to build on people's strengths?	
How do you think I respond to difficult or sensitive situations with others?	
What would you say about my ability to work with and collaborate with others?	
What would you say about how I am with emotions, my own and others?	
Can you think of any things I have got better at whilst you have known me?	
What would you say about the way in which I give and receive feedback?	
How open do you feel I am to learn from others?	
What would you say about my ability to take on board other people's perspectives?	
In what ways do I give everyone a chance to participate or feel included?	
What do I do to help create a safe environment for everyone to flourish?	
When I am communicating with you and others, what would you say about my ability to be curious and ask questions?	
What would you say about my ability to help people to come up with their own ideas?	
How well do you think I support people during stressful or emotional experiences?	
Have you seen me being courageous at work? If so what was this?	
If you could choose one word to describe me what would it be?	

## If there was one thing that you feel I could do more of in my practice what would this be?

Please complete this form by ..... and email this back to me at .....