

# APPRECIATIVE INQUIRY GROUNDING STATEMENTS

What we focus on grows and expands

We are the experts of our own experience,  
and one expert among many

Curious questions are an action in themselves

We can't change other people, and by changing ourselves others may  
respond differently

Stories are the heart & soul of an organisation and help us to learn  
what we care about

Words create worlds

We work with people rather than on people