

# My Home Life Recipe for Success (MHL Bake Off!)

My homelife®

Here is a format that managers have found useful in terms of bringing Appreciative Inquiry to life in a fun way.



## What's the name of the dish?

(What is the topic of the change you would like to make in your care setting?)

## DISCOVER - What have we cooked/baked before that worked?

(What do our residents, relatives, staff team, wider community feel has worked well before? What matters to them?)

## ENVISION -What could the bake look like at its best?

(What could the change look like at its best?)

## Co-Create - What are the Ingredients?

(Who & what needs to be involved and how?)

## Co-Create/ Method—How are we going to make it?

(What is the design? What are the steps?)

## Co-Create - How long will it bake for?

(How much time will we allow for each of the steps?)

## Embed - What do people say about how it tastes?

(What do people feel about the change? How did it help people's sense of significance, achievement, belonging, security, continuity and purpose)

## Embed - What's the icing on the cake?

(What are the other benefits that we didn't expect? What were the surprise challenges?)

## Embed -How could we make it taste even better in future?

(What do people say could make the change better in the future?)

