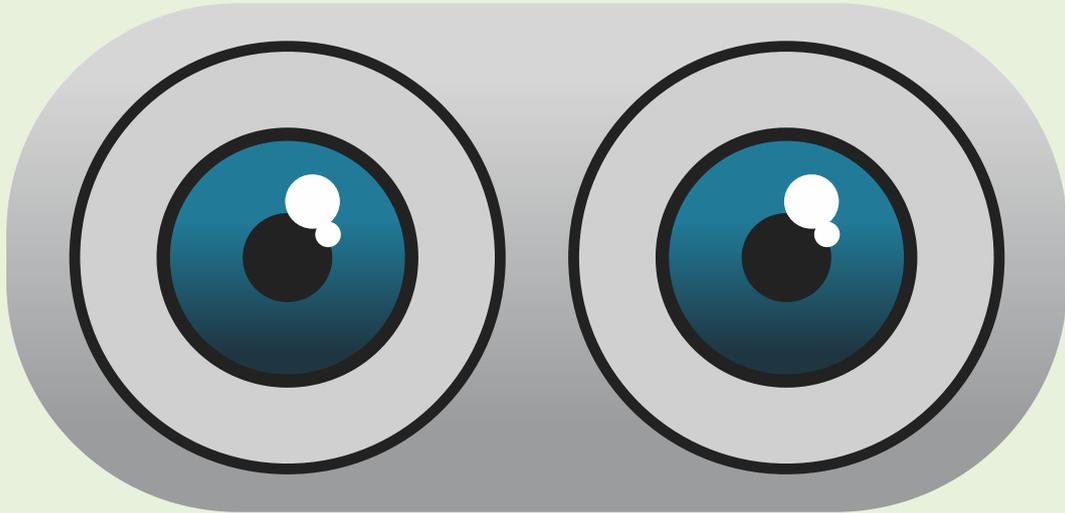


TODAY COULD YOU BE:

# ON THE LOOKOUT



FOR **A**CTIONS OR **I**NTERACTIONS

THAT LED YOU TO FEEL:-

Valued	Reassured	Hopeful	Energised	Comfortable
Calm	Grateful	Strong	Proud	Heard
Relieved	Understood	Confident	Inspired	A Fondness
Connected	Excited	Comforted	Included	

AND LET THOSE INVOLVED KNOW WHAT YOU  
VALUED ABOUT THE ACTION OR INTERACTION

# Overview

On the Lookout is designed to be displayed in clinical areas where it can be seen by staff,

The purpose of this resource is to encourage personal reflection and conversations about what people value.