

THE SENSES FRAMEWORK

Security - to feel safe

Belonging - to feel part of a valued group, to maintain or form important relationships

Continuity - to be able to make links between the past, present and future

Purpose - to enjoy meaningful activity, to have valued goals

Achievement - to reach valued goals to satisfaction of self and/or others

Significance - to feel that you 'matter' and are valued

Senses Framework- Our Intended Outcome for all Involved

Work by Nolan et al. (2006) suggested that the provision of good care is dependent on the creation of an environment where all involved in care feel valued and appreciated. This “enriched environment” is generated when the six “Senses” which are inherent to relationship-centred care are met. These are Senses are security, belonging, continuity, purpose, achievement, and significance (Nolan et al., 2006).

1. Security: to feel safe
2. Belonging: to feel part of things
3. Continuity: to experience links and connections
4. Purpose: to have a goal(s) to aspire to
5. Achievement: to make progress towards these goals
6. Significance: to feel that you matter as a person

The intended outcome when placing Appreciative Inquiry as the overall approach, and using the Caring Conversations to enact this approach is that people experience the Senses in their day practice.